

KIMBERLEE J. O'DONALD, P.T., P.C.  
PHYSICAL REHABILITATION

1330 W. Washington  
Greenville, MI 48838  
(616) 754-7040  
Fax: (616) 754-7888

### PHYSICAL / OCCUPATIONAL THERAPY PRESCRIPTION

NAME: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

BODY AREA TO BE TREATED: \_\_\_\_\_

PRECAUTIONS:  NONE  YES \_\_\_\_\_

|  |
|--|
| <b>FAX THIS TO US &amp; WE WILL SCHEDULE APPOINTMENT</b> |
| (      )   |
| _____<br>PATIENT'S PHONE                                 |
| _____<br>PRINT DR'S. NAME                                |

#### ANTICIPATED GOALS / TREATMENT PLAN:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> ↑ <b>STRENGTH</b> (NEUROMUSCULAR RE-ED,EX)                                   | <input type="checkbox"/> ↑ <b>UNDERSTANDING</b> (H E P, BODY MECHANICS)               | <input type="checkbox"/> <b>PAIN / EDEMA / SCAR MANAGEMENT</b>            |
| <input type="checkbox"/> ↑ <b>R.O.M.</b> (STRETCHING & MOBILIZATION)                                  |   | (MODALITIES: US, ES, IONTO W/DEX, SOFT TISSUE MOBS, TRACTION, HEAT, COLD) |
| <input type="checkbox"/> ↑ <b>FUNCTION</b> (FUNCTIONAL ACTIVITIES, GAIT & BALANCE TRAINING,SPLINTING) | <input type="checkbox"/> ↑ <b>STABILITY</b> (SPINE, PELVIS, PROXIMAL FEMUR, SCAPULA ) |   |

\_\_\_\_\_ EVALUATION AND TREATMENT

RECOMMENDATIONS FOR TREATMENT: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

FREQUENCY OF TREATMENT: \_\_\_\_\_

DURATION OF TREATMENT: \_\_\_\_\_  
( Treatment will be 1 month unless otherwise indicated)

PHYSICIANS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

### For an appointment

